

**YOUTH GIRLS
REGISTRATION
PACK
U13 - U17**



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Youth Girls U13 - U17 Overview

Ellerslie AFC will offer girls only teams in the U13, U14, U15, U16 and U17 grades for 2025. All U13, U15 and U17 teams and some U14 and U16 teams will play in an Auckland-wide competition under Northern Region Football (NRF). The top graded U14 and U16 teams will play in the NRFL competition that includes teams from Auckland and Hamilton area.

U13 Girls will play a 9-a-side format while U14 and up will play an 11-a-side format.

U13 - U17 Girls Key Dates (Northern Region Football)

KEY DATES	NOTES
19 th Jan	Registrations Open
TBC	Teams Announced
22 nd March	First Game (NRFL)
5 th April	First Game (NRF Community)
13 th September	Last Game (NRFL)
6 th September	Last Game (NRF Community)

U13 - U17 Subscriptions

For 2025 the season registration fee will be **\$280**, this includes a team photo, and the club will supply a playing shirt for the season via your team.

A prompt payment discount of 10% will be available if you pay in full before the 17th of March 2025

For Players who trial and make the U13/U14/U16 Red team there will be additional costs to cover extra coaching and equipment supplied by the club, this is called a Talent Fee.

2025 Youth Talent fee for U14/U16 Red: \$310 2025

Junior Talent fee for U13 Red: \$200

U13 - U17 Girls Eligible Ages

For 2025 players wishing to play this grade must be turning 13-17 in 2025. Please note NRF requires, and the club recommends all players play in their correct age grade and we will make every endeavour to place all players in their correct grade. In certain circumstances a player may play up a grade, in which case the club will apply for dispensation from NRF.

GRADE	
U13 Girls	1 st Jan 2012 to 31 st Dec 2012 inclusive
U14 Girls	1 st Jan 2011 to 31 st Dec 2011 inclusive
U15 Girls	1 st Jan 2010 to 31 st Dec 2010 inclusive
U16 Girls	1 st Jan 2009 to 31 st Dec 2009 inclusive
U17 Girls	1 st Jan 2008 to 31 st Dec 2008 inclusive

U13 - U17 Girls Playing Formats

For 2025 the club continues to implement the playing formats suggested under the NZ Football plan – you can find this plan on our website.

Northern Region Football

GRADE	Format	Game Length	Pitch Size	Ball Size	Offside	GK	Goal Size
U13 Mixed	11 v 11	2 x 30 mins	Full Field	4	Yes	Yes	Full
U13 Championship	11 v 11	2 x 35mins	Full Field	4	Yes	Yes	Full
U14 Mixed	11 v 11	2 x 35 mins	Full Field	5	Yes	Yes	Full
U14 Championship	11 v 11	2 x 35 mins	Full Field	5	Yes	Yes	Full
U15 Mixed	11 v 11	2 x 30 mins	Full Field	5	Yes	Yes	Full
U15 Championship	11 v 11	2 x 40 mins	Full Field	5	Yes	Yes	Full
U17 Mixed	11 v 11	2 x 45 mins	Full Field	5	Yes	Yes	Full
U17 Championship	11 v 11	2 x 45 mins	Full Field	5	Yes	Yes	Full

U13 - U17 Girls Trials

Our Youth Programme holds pre-season trials for players wishing to play in the top graded team for their age bracket. For players to have the opportunity to be selected for top graded teams, they need to attend at least one of the trials scheduled. Please go to the [trials page](#) for further information and details including dates and times, what to bring etc.

If a player is likely to be unavailable for periods during the season (ie other sports, extended holiday etc) please let Hollie Leona (Girls Football Development Manager) know by sending an email - girlsfdm@ellersliefootball.org.nz to ensure that teams have the appropriate number of players for the season.

U13 - U17 Girls Season Dates

At the time of writing (information subject to change), NRF Youth community leagues will start on the 5th of April and NRFL Championship Leagues will start on the 22nd of March. The season will continue until the 6th of September (NRF Community) and until 13th September (NRFL), games will be scheduled (weather and ground conditions permitting) on all weekends, **except 19th April, 31st May, 21st June, 5th July, (Community Teams). NRFL play every weekend.**

U13 - U17 Girls Fixtures

The fixtures for matches played in NRF competitions are published online for all grades approximately 1-2 weeks before the start of the season. This will also be updated to show if your match is cancelled due to adverse weather conditions, usually on Friday evenings.

Northern Region Football (NRF) Leagues - Fixtures published [here](#)

These leagues are administered entirely by the local Federation and involve teams from throughout the Northern Region Football area. These leagues are competitive with teams initially placed in grades requested by their Clubs, then re-graded throughout the season. No league tables are maintained for Under 9-12 grades, but scores must be recorded for grading purposes. Games will be played against [clubs from Northern Region Football](#) .

U13 - U17 Girls Trainings

Most teams train weekly by volunteer Coaches who freely give their own time to assist the players and the Club. For this reason, training days and times are normally decided by the Coach in discussion with the members of the team with most teams training one night a week.

The Club is based at [Michael's Avenue Reserve](#) in Ellerslie. A number of teams train at this venue and at Liston Park but these spaces are not large enough to cater adequately for all Club teams. Team Coaches and Managers are encouraged to seek training facilities at local schools etc or [contact us](#) to discuss possible venues and times on Club controlled training areas.

U13 - U17 Girls Playing Uniform

Teams are issued with a set of playing shirts including a goal keeper's shirt and gloves in the gear bag issued to the Coach or Manager at the start of the season. All items remain the property of the Club and **MUST** be returned at the end of the season or earlier if a player leaves the Club. The Club reserves the right to seek compensation and mark a player's national record with a red flag for any club property that is damaged or not returned. It is preferable that the team shirts stay together as a set and a washing roster is set up for the season for each family to take turns to wash and bring to the game each Saturday.

Players will need to provide the following items of their own:

- Football Boots (NO metal studs to be worn on artificial turf)
- Shin pads (players without shin pads will not be permitted to play)
- Black shorts
- Gold Football Socks

Shorts, socks, guard stays and supporters gear (caps, beanies, jackets etc) can be bought online from Score Sportswear (Lotto) via special online shops for Ellerslie players and supporters. Click [here](#) to get more information.

U13 - U17 Girls Player and Coach Development

The Football department at Ellerslie AFC is overseen by Fred de Jong our Director of Football, Fred holds an NZF B Coaching Licence and has worked as the high-performance manager at New Zealand Football previously, as well as being a former First Team player at the club.

Supporting Fred is our Director of Coaching Ryan Shiffman, Ryan holds an NZF A Coaching Licence and was an assistant coach for the Women's U17's at the World Cup in India.



The Club has also appointed Hollie Leona as the Girls Football Development Manager for 2025 and beyond. Hollie has coached in the girls space for a number of years and is currently in the process of completing her NZF B Coaching Licence.

The Club run a number of free Coaching courses for Junior coaches, please check [this page](#) for more info

Volunteers

Like any organisation dealing with children's activities, the Club relies heavily on adult involvement. The vast majority of teams are coached by a parent, or somebody connected to players in the team.

In order to organise teams this year, your club must have coaches and managers for all teams. **Please help your Club help your children by indicating how you can help** (you will be asked during the online registration process). Your family's involvement in the activities for your child, would be greatly appreciated.

The Club runs specialised training sessions for new coaches and support coaches who wish to up skill through various training programmes run both internally and by Northern Region Football.

If you would like to help and coaching or managing isn't your forte, please consider volunteering in one of the following roles:

- Grade Co-ordinator
- Ground setup
- Photos and Match Reports (for your team)

Please contact us on info@ellersliefootball.org.nz if you would like to help with one of the above roles

Financial Support

In common with most community-based sporting organisations, the demand for and desire to, improve services to our members is often constrained by funding shortfalls. There is continual pressure to maintain an appropriate balance between reasonable subscriptions and fees and providing more and improved quality services for members.

In the past three years, the club has committed to employing a full-time Director of Junior / Youth Coaching, part-time Football Director and professional coaches and Operations administration staff. We are certain these moves will continue to have tremendous benefits for player and coach development at all ages in the Junior / Youth division, enhance the opportunities for our older teenagers as they progress into Senior football and enhance the way the club delivers services to our members with the experience the current staff provide.

We urge all members to financially support these initiatives by:

- Paying subscriptions in full and on time
- Adding a donation at registration time if able
- New Clubrooms Funding Appeal - [Further information](#)
- Becoming a Club Sponsor and partnering with Ellerslie AFC - [Contact Us](#) to discuss