

SENIOR MEN'S REGISTRATION PACK



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Senior Men's Over 45's Overview

Senior Men's Open football is for players aged 45 or older (although teams may apply for dispensation for up to 2 players who are a maximum of 2 years younger than the minimum age).

Northern Region Football offer Over 45's men's leagues (called Legends Leagues) ranging from NRF Div 1 to NRF Div 3.

These leagues includes teams from all over the larger Auckland region.

Senior Men's Key Dates (Northern Region Football)

KEY DATES	NOTES
20 th Jan	Registrations Open
1 st May	Official Trainings Start
27 th April	First Game
21 st September	Last Game

Senior Men's Over 45's Subscriptions

For 2024 the season registration fee will be **\$375**, and the club will supply a playing shirt for the season via your team*.

**Unless the team you join has purchased their own strip*

A prompt payment discount of 10% will be available if you pay in full before the 1st of April 2024

Senior Men's Over 45's Eligible Ages

For 2024 players wishing to play in these grades must be at least 45 at the time of registering.

In 2024 NRF requires all players in Over 45's league to have a clear identifiable photo loaded into COMET which NRF and other teams will use as a ID card system to try and reduce the amount of ineligible players in these leagues. If you register to play in this grade you will be asked by the club to upload a photo to COMET before you are eligible to play games.

Senior Men's Over 45's Playing Formats

Northern Region Football

GRADE	Format	Game Length	Pitch Size	Ball Size	Offside	GK	Goal Size
Open Men's	11 v 11	2 x 45 mins	Full Field	5	Yes	Yes	Full Size

**This grade allows rolling subs for up to 7 players*

Senior Men's Over 45's Open Trainings

Any players looking to join an Over 45 team should contact us on registrations@ellersliefootball.org.nz

Senior Men's Over 45's Season Dates

The NRF Men's season starts on the 27th of April and continues to about the 21st of September (depending on how many teams in your league).

There is an optional Knockout Cup for NRF Legends Men's teams to enter, with the 1st round starting on the 1st of June. The final for this cup will be on the 28th of September.

Senior Men's Over 45's Fixtures

The fixtures for matches played in the NRF competitions are published online for all grades approximately 1-2 weeks before the start of the season. This will also be updated to show if your match is cancelled due to adverse weather conditions, usually on Friday evenings.

Northern Region Football (NRF) Leagues - Fixtures published [here](#)

Senior Men's Over 45's Trainings

Pre-season training allocations for teams will be made with the club by your manager with regular season training allocations starting the 1st of May.

Senior Men's Over 45's Playing Uniform

Teams are issued with a set of playing shirts including a goal keeper's shirt and gloves in the gear bag issued to the Coach or Manager at the start of the season. All items remain the property of the Club and **MUST** be returned at the end of the season. The Club reserves the right to seek compensation and mark a player's national record with a red flag for any club property that is damaged or not returned. It is preferable that the team shirts stay together as a set and a washing roster is set up for the season for each player to take turns to wash and bring to the game each Saturday.

Players will need to provide the following items of their own:

- Football Boots (NO metal studs to be worn on artificial turf)
- Shin pads (players without shin pads will not be permitted to play)
- Black shorts
- Black socks

Shorts, socks, guard stays and supporters gear (caps, beanies, jackets etc) can be bought online from Score Sportswear (Lotto) via special online shops for Ellerslie players and supporters. Click [here](#) to get more information.

Senior Men's Over 45's Coach/Referee Development

The Football department at Ellerslie AFC is overseen by Fred de Jong our Director of Football, Fred holds an NZF B Coaching Licence and has worked as the high-performance manager at New Zealand Football previously, as well as being a former First Team player at the club. Supporting Fred is our Director of Coaching Ryan Shiffman, Ryan holds an NZF A Coaching Licence and was an assistant coach for the Women's U17's at the World Cup in India.

If you are interested in developing your coaching skills [please check this page for more information](#)

If you are interested in doing a referee course [please check this page for more information](#)

Volunteers

Like any non-profit organisation we are always looking for people who are keen to help, it might be as simple as taking some photos, writing some media reports for your team or helping coach/manage a senior team or helping find sponsorship for the club or your team.

If you would like to help please contact us on info@ellersliefootball.org.nz

Financial Support

In common with most community-based sporting organisations, the demand for and desire to, improve services to our members is often constrained by funding shortfalls. There is continual pressure to maintain an appropriate balance between reasonable subscriptions and fees and providing more and improved quality services for members.

In the past three years, the club has committed to improving our operational support for teams, including having a between a few staff members a full time position.

We urge all members to financially support these initiatives by:

- **Paying subscriptions in full and on time**
- **Adding a donation at registration time if able**
- **New Clubrooms Funding Appeal - [Further information](#)**
- **Becoming a Club Sponsor and partnering with Ellerslie AFC - [Contact Us](#) to discuss**