

# SENIOR WOMEN'S REGISTRATION PACK



| CONTENTS OF THIS PACK  | PAGE #   |
|--|----------|
| <a href="#"><u>Overview of the Senior Women's Grades</u></a> | <b>3</b> |
| <a href="#"><u>Key Dates</u></a>                             | <b>3</b> |
| <a href="#"><u>Subscription Fees</u></a>                     | <b>3</b> |
| <a href="#"><u>Eligible Ages</u></a>                         | <b>3</b> |
| <a href="#"><u>Playing Formats</u></a>                       | <b>4</b> |
| <a href="#"><u>Open Trainings</u></a>                        | <b>4</b> |
| <a href="#"><u>Season Dates</u></a>                          | <b>4</b> |
| <a href="#"><u>Fixtures</u></a>                              | <b>4</b> |
| <a href="#"><u>Trainings</u></a>                             | <b>5</b> |
| <a href="#"><u>Playing Uniform</u></a>                       | <b>5</b> |
| <a href="#"><u>Player and Coach Development</u></a>          | <b>5</b> |
| <a href="#"><u>Volunteers</u></a>                            | <b>6</b> |
| <a href="#"><u>Financial Support</u></a>                     | <b>6</b> |



## Senior Women's Overview

Senior Women's Open football is for players aged over 18 (although players who have turned 14 or older are also eligible). Northern Region Football offer open women's leagues ranging from NRF Div 1 to NRF Div 5.

Div 1 and Div 2 contain teams from all over Auckland, while Div 3 to Div 5 are broken into mini-regions (Central, Harbour and South). Ellerslie AFC Teams in Div 3 to Div 5 will typically play in the Central mini-region.

## Senior Women's Key Dates (Northern Region Football)

| KEY DATES                              | NOTES                    |
|--|--------------------------|
| 20 <sup>th</sup> Jan                   | Registrations Open       |
| 1 <sup>st</sup> May                    | Official Trainings Start |
| 28 <sup>th</sup> April                 | First Game               |
| 22 <sup>nd</sup> September (Estimated) | Last Game                |

## Senior Women's Subscriptions

For 2024 the season registration fee will be **\$375**, and the club will supply a playing shirt for the season via your team\*.

*\*Unless the team you join has purchased their own strip*

A prompt payment discount of 10% will be available if you pay in full before the 1<sup>st</sup> of April 2024

## Senior Women's Eligible Ages

For 2024 players wishing to play in these grades must be at least 14 at the time of registering. Please note NRF requires, and the club recommends all players play in their correct age grade and we will make every endeavour to place all players in their correct grade. With this in mind Players aged between 14 & 16 will be encouraged to play Youth Football.

## Senior Women's Playing Formats

### Northern Region Football

| GRADE        | Format  | Game Length | Pitch Size | Ball Size | Offside | GK  | Goal Size |
|--------------|---------|-------------|------------|-----------|---------|-----|-----------|
| Open Women's | 11 v 11 | 2 x 45 mins | Full Field | 5         | Yes     | Yes | Full Size |

## **Senior Women's Open Trainings**

At Ellerslie AFC we accept both individual and team registrations – if you are registering a whole new team please contact Dylan Riminton on [registrations@ellersliefootball.org.nz](mailto:registrations@ellersliefootball.org.nz)

For individual players we run open trainings for players to meet coaches/managers from our existing teams and through the process of playing football together we find players regularly find teams that are a good fit for their needs and skills. The open training dates in 2024 are:

|             |                             |      |
|-------------|-----------------------------|------|
| 1st Session | 25th February 2024 (Sunday) | 10am |
| 2nd Session | 3rd March 2024 (Sunday)     | 10am |
| 3rd Session | 10th March 2024 (Sunday)    | 10am |
| 4th Session | 17th March 2024 (Saturday)  | 10am |

If you are interested in attending one of these open trainings please register your interest [here](#) and attend the session or sessions that suit you.

## **Senior Women's Season Dates**

The NRF Women's season starts on the 28<sup>th</sup> of April and continues to about the 22<sup>nd</sup> of September.

There is an optional Knockout Cup for NRF Women's teams to enter, with the 1<sup>st</sup> round starting on the 2<sup>nd</sup> of June. The final for this cup will be on the 28<sup>th</sup> of September.

## **Senior Women's Fixtures**

The fixtures for matches played in the NRF competitions are published online for all grades approximately 1-2 weeks before the start of the season. This will also be updated to show if your match is cancelled due to adverse weather conditions, usually on Friday evenings.

**Northern Region Football (NRF) Leagues - Fixtures published [here](#)**

## **Senior Women's Trainings**

Pre-season training allocations for teams will be made with the club by your manager with regular season training allocations starting the 1st of May.

## **Senior Women's Playing Uniform**

Teams are issued with a set of playing shirts including a goal keeper's shirt and gloves in the gear bag issued to the Coach or Manager at the start of the season. All items remain the property of the Club and **MUST** be returned at the end of the season. The Club reserves the right to seek compensation and mark a player's national record with a red flag for any club property that is damaged or not returned. It is preferable that the team shirts stay together as a set and a washing

roster is set up for the season for each player to take turns to wash and bring to the game each Saturday.

Players will need to provide the following items of their own:

- Football Boots (NO metal studs to be worn on artificial turf)
- Shin pads (players without shin pads will not be permitted to play)
- Black shorts
- Black socks

Shorts, socks, guard stays and supporters gear (caps, beanies, jackets etc) can be bought online from Score Sportswear (Lotto) via special online shops for Ellerslie players and supporters. Click [here](#) to get more information.

### **Senior Women's Coach/Referee Development**

The Football department at Ellerslie AFC is overseen by Fred de Jong our Director of Football, Fred holds an NZF B Coaching Licence and has worked as the high-performance manager at New Zealand Football previously, as well as being a former First Team player at the club. Supporting Fred is our Director of Coaching Ryan Shiffman, Ryan holds an NZF A Coaching Licence and was an assistant coach for the Women's U17's at the World Cup in India.

If you are interested in developing your coaching skills [please check this page for more information](#)

If you are interested in doing a referee course [please check this page for more information](#)

### **Volunteers**

Like any non-profit organisation we are always looking for people who are keen to help, it might be as simple as taking some photos, writing some media reports for your team or helping coach/manage a senior team or helping find sponsorship for the club or your team.

If you would like to help please contact us on [info@ellersliefootball.org.nz](mailto:info@ellersliefootball.org.nz)

### **Financial Support**

In common with most community-based sporting organisations, the demand for and desire to, improve services to our members is often constrained by funding shortfalls. There is continual pressure to maintain an appropriate balance between reasonable subscriptions and fees and providing more and improved quality services for members.

In the past three years, the club has committed to improving our operational support for teams, including having a between a few staff members a full time position.

We urge all members to financially support these initiatives by:

- **Paying subscriptions in full and on time**
- **Adding a donation at registration time if able**
- **New Clubrooms Funding Appeal - [Further information](#)**
- **Becoming a Club Sponsor and partnering with Ellerslie AFC - [Contact Us](#) to discuss**