

**GAME FORMATS 2023**

(as determined by Northern Region Football and Whole of Football Plan)

Grade	Format	Game Length	Fixture Slot	Effective Pitch	Ball	Offside	GK	Approx Goal Size
<b>STARTERS</b>								
Under 5's Starters Mixed (U5)	WOPF	N/A	N/A	N/A	3	N/A	N/A	N/A
<b>TAMAKI LEAGUE</b>								
Under 6's Mixed (U6)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 7's Girls (U7 Girls)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 7's Mixed (U7)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 8's Girls (U8 Girls)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 8's Mixed (U8)	5 v 5	2 x 20 = 40	45	1/8	3	No	No	1.8 x .90
Under 9's Girls (U9 Girls)	5 v 5	2 x 20 = 40	45	1/8	3	No	No	1.8 x .90
Under 9's Mixed (U9)	7 v 7	2 x 25 = 50	60	1/4	4	No	Yes	4m x 2m
<b>MINI FOOTBALL (NRF Leagues) – ALL U9-U12 GRADES and UNDER 13 GIRL'S ONLY GRADES WILL PLAY THE RETREATING LINE</b>								
Under 9's Boys (U9)	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 9's Girls (U9)	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 10's Boys (U10)	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 10's Girls (U10G) *	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 11's Boys (U11)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 11's Girls (U11G)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 12's Boys (U12)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 12's Girls (U12G)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 13's Girls (U13G)	9 v 9	2 x 30 = 60	65	1/2	4	Yes	Yes	4m x 2m
<b>YOUTH FOOTBALL (NRF Leagues)</b>								
Under 13's Boys (U13)	11 v 11	2 x 30 = 60	65	Full	4	Yes	Yes	Full
Under 13's NRF Championship Boys (U13)	11 v 11	2 x 30 = 60	70	Full	4	Yes	Yes	Full
Under 14's Boys (U14)	11 v 11	2 x 35 = 70	75	Full	5	Yes	Yes	Full
Under 14's NRFL Boys (U14)	11 v 11	2 x 35 = 70	80	Full	5	Yes	Yes	Full
Under 14's Girls (U14G)	11 v 11	2 x 35 = 70	75	Full	5	Yes	Yes	Full
Under 14's NRFL Youth Girls (U14G)	11 v 11	2 x 35 = 70	80	Full	5	Yes	Yes	Full
Under 15's Boys (U15)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 15's NRFL Boys (U15)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 16's NRF Championship Girls (U16G)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 16's NRFL Youth Girls (U16G)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 17's Boys (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 17's NRFL Boys (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 17-19's Girls (U19)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 19's Boys (U19)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full

	Mixed Leagues (boys and girls eligible)
	Girls Only Teams* (girls encouraged to play in these teams)
	Boys Leagues (girls may enter if they wish)

\* Girls only teams will only play against other girls only teams where team entries allow leagues to be formed.

**Note:** This information is believed to be correct at the time of publication but is subject to change

