

PLAYERS CHECKLIST

Unite
against
COVID-19

PRE-TRAINING

Confirm your attendance at training to your coach or manager via platform (Heja, Whatsapp, etc.)

If you, or someone in your household is unwell or self-isolating, please do not attend training

Locate and use the venue entrance closest to your allocated training field

Upon arrival Player must check in via NZ Covid Tracer by scanning the QR Code (iDMe can be used as a backup)

Sanitise your hands prior to arriving at the venue. If you need to sanitise your hands at the venue there will be sanitisation stations available

Ensure you are wearing all your gear and are ready to train as changing rooms are unavailable

TRAINING

Remain in your bubble at all times

Minimise physical contact with coach and other players (as much as practicable)

Do not share bibs during training

Do not share water bottles

Do not spit on or around the fields

Try not to touch balls with your hands

Try not to head the ball

Avoid touching your face

Avoid touching goals

Do not chase balls that leave your bubble and kick balls back from other bubbles

POST-TRAINING

Do not touch any of the training equipment when training finishes

Do not congregate with other players at the completion of training

Leave the fields immediately at the completion of training

NOTE:

It is important that everyone adheres to these procedures for the safety of all.

Failure to do so may result in sanctions being applied by the Club.

These sanctions can be viewed on the Ellerslie website.

