

COACHES CHECKLIST

Unite
against
COVID-19

PRE-TRAINING

Coach (or manager) to confirm which players are attending training via platform (Heja, Whatsapp, etc.)

If you, or someone in your household is unwell or self-isolating, please do not hold training or get someone to cover the session for you

Upon arrival Coach must check in via NZ Covid Tracer by scanning the QR Code (iDMe can be used as a backup)

Sanitise hands

Set up the field and put equipment out for players

For U13 grade teams and older, remind all players they must check in

Conduct a pre-training briefing

TRAINING

If you observe any players that appear sick, isolate them from the group and request that they leave safely with their parents

Players remain in their bubble

Minimise physical contact between players (as much as practicable)

Bibs are not shared during training

Players do not share water bottles

Players do not spit on or around the fields

Limit players touching balls with their hands

Discourage players heading the ball

Discourage players from chasing balls that leave their bubble and encourage them to kick balls back from other bubbles

Do not chase balls that leave your bubble and kick balls back from other bubbles

Ensure the number of players in each training bubble comply with government regulations at the time

If a player is injured, separate them from the group for treatment.

POST-TRAINING

Confirm which players attended the training session via platform (Heja, Whatsapp, etc.)

Ensure players do not congregate at the completion of training

Ensure players leave the fields immediately at the completion of training

Pick up all the equipment and sanitise at the venue or at home

NOTE:

**It is important that everyone adheres to these procedures for the safety of all.
Failure to do so may result in sanctions being applied by the Club.
These sanctions can be viewed on the Ellerslie website.**

