



POLICIES AND PROCEDURES

SECTION 1: TRAINING PLAN

Plan statement and objectives	<p>Ellerslie AFC is committed to its members, employees, suppliers and stakeholders. The Purpose of the Covid-19 Training and Game Plan is to ensure employee and members' safety is put first while the provision of the Clubs services continue.</p> <p>This Plan has been prepared alongside the Clubs Communication, Contact Tracing and Facilities Plans.</p> <p>Where possible, this Plan is to be made available to all staff and members. The key objectives include:</p> <ul style="list-style-type: none">• The Club delivers football to its members to the best level possible during the lockdown period as NZ move through the Alert Levels, while not compromising health and wellbeing of staff and members.• Risks of contagion to people that come to the Club are managed, ensuring the health and wellbeing of staff and members.• Ministry of Health directives are the initial basis for decision making in the event of a pandemic, such as directives regarding self-isolation and gatherings of people.• Ensuring everyone has a clear understanding of the roles and responsibilities of the Training and Game Plan.						
Review Protocol	<table><tr><td>Plan Signed off by:</td><td>Ellerslie AFC Executive Committee</td></tr><tr><td>Date Signed off:</td><td>18/05/2020</td></tr><tr><td>Next Review Date:</td><td>01/07/2020</td></tr></table>	Plan Signed off by:	Ellerslie AFC Executive Committee	Date Signed off:	18/05/2020	Next Review Date:	01/07/2020
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PRE TRAINING

The following list outlines the activities required prior to training commencing.

Pre-Training	Date Completed
All teams informed of the process about how contact tracing will work	
Parents to communicate who can attend training via platform (Heja, Whatsapp, etc.) so coach can plan accordingly	
Coaches are instructed about types of trainings that might be best for this situation via online coaching workshops and/or emails direct to coaches/managers.	
Explain to coaches U9 and up the concept of “distance coaching” which is not stepping into the bubble and coaching from outside the session parameters. Keeping a 2m distance from the bubbles at all times	
Teams are informed which time, field, and area they are to be training in	
Head Coach (HC) sets up the field and puts equipment out for players to access	

TRAINING

The following activities are required for a training sessions to take place.

Training	Date Completed
Teams are to stay in maximum 10 person bubbles (including players, coaches, managers)	
All players will check in via contact tracing mechanism	
All players will wash/sanitize hands upon arrival at training	
There will be an attempt to minimise physical contact between players, but it is understood that this cannot always occur. Players will be told to avoid unnecessary contact (high fives, goal celebrations with teammates, etc)	
Players will be told to not pick up the ball with their hands	
Heading will not be conducted during any part of training	
Players will be reminded to try and not touch their faces while playing	
Bibs cannot be shared during training	
Players will be reminded to not chase their footballs if they leave their bubble. It can be kicked back or if the HC/AC are “distance coaching” they can retrieve it	
No spitting on or around the fields	
Players cannot share water bottles	
Any players injured during training will be separated from the group to be treated. Any person treating the injured player must not interact with any other bubble during the training	
If staying at the park, parents/guardians and other spectators should avoid forming groups of ten or more by either waiting in their cars or spreading out around the park and maintaining physical distancing	
Only mini goals can be used (plan for goals explained below)	
For trainings that have 9 or less players:	
<ul style="list-style-type: none"> • Train as usual 	

For trainings with 10 players:	
<ul style="list-style-type: none"> • Train all 10 players together while the HC “distance coaches” OR 	
<ul style="list-style-type: none"> • Split the players into 2 groups of 5 and have HC lead one group while assistant coach (AC) leads the other 	
<ul style="list-style-type: none"> • If 2 ACs are available, HC can “distance coach” while each AC leads their group 	
<ul style="list-style-type: none"> • Can combine for a game afterward while HC and all ACs step out to distance coach 	
<ul style="list-style-type: none"> • The HC and AC(s) will need to distance themselves from each other, preferably on opposite sides of the field 	
For trainings with 11-18 players:	
<ul style="list-style-type: none"> • Split the players into 2 even groups (if possible) and have HC lead one group while AC leads the other 	
<ul style="list-style-type: none"> • If 2 ACs are available, HC can “distance coach” while each AC leads their group 	
<ul style="list-style-type: none"> • If no ACs are available, HC will “distance coach” both groups 	
<ul style="list-style-type: none"> • Cannot combine for a game afterward 	
<ul style="list-style-type: none"> • The HC and AC(s) will need to distance themselves from each other, preferably on opposite sides of the field 	
For trainings with 19-20 players:	
<ul style="list-style-type: none"> • Split the players into 2 even groups (if possible) and have HC and AC(s) “distance coach” both groups 	
<ul style="list-style-type: none"> • If no ACs are available, HC will “distance coach” both groups 	
<ul style="list-style-type: none"> • Cannot combine for a game afterward 	
<ul style="list-style-type: none"> • The HC and AC(s) will need to distance themselves from each other, preferably on opposite sides of the field 	
For trainings with 21+ players:	
<ul style="list-style-type: none"> • Split the players into even groups (if possible) so that the total number of players is less than 10 in each group. HC and AC(s) will “distance coach” all groups 	
<ul style="list-style-type: none"> • Cannot combine for a game afterward 	

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| <ul style="list-style-type: none">• The HC and AC(s) will need to distance themselves from each other, preferably on opposite sides of the field | |
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POST TRAINING

The following activities are required to be completed after training has finished.

Post-Training	Date Completed
Players should leave the fields ASAP upon finishing training	
When the team was split into bubbles for training, those players cannot combine after training	
HC to pick up all the gear. Players should not pick up any of the gear	
HC/Manager will sanitize all gear that was used at training (bibs, cones, footballs, etc)	
Players should leave the fields ASAP upon finishing training	
When the team was split into bubbles for training, those players cannot combine after training	

GOALS

The following list outlines the protocols regarding the use of goals for training.

Goals	Date Completed
Only mini goals can be used for training	
These goals will be set into two clearly marked piles at the start of the day: Clean and Used	
If a team wants to use these goals, the HC or AC collect them from the Clean pile	
Upon finishing the session, the HC or AC return the goals to the Used pile	
Goals are limited to 2 per bubble and are on a first come first serve basis	
The club will disinfect the Used pile of goals at the start of each day or upon need	

SECTION 2: GAME PLAN

PRE GAME

The following activities are required to be completed prior to a game commencing.

Pre Game	Date Completed
Handwashing and/or sanitising stations setup around the fields for easy accessibility to all members	
Educate members about not touching the fence railing and washing/sanitising their hands afterward if they do	
Educate members about mechanisms to reduce contact before, during and after the match	
Depending government guidelines on numbers at a gathering, consider a one parent/guardian per player rule	
Encouraging those who are elderly, those who have compromised immunity or people who have underlying respiratory conditions to stay at home	
Anyone who feels even the slightest bit unwell, including players coaches and managers, should stay home	
All fields that can be setup prior to players arrival will be setup by the club	
Games to start at 8am on Saturday morning to assist with spacing throughout the day	
Change setup on MA1 to six fields of 5aside instead of eight fields to reduce traffic	
Input 10-15 minute gaps between games where player congestion is high to attempt to lessen it	

GAME

The following activities are required for a game to be played.

Game	Date Completed
All players will check in via contact tracing mechanism	
All players will wash/sanitize hands upon arrival at game	
There will be an attempt to minimise physical contact between players, but it is understood that this cannot always occur. Players will be told to avoid unnecessary contact (high fives, goal celebrations with teammates, etc)	
Players will be told to avoid picking up the ball with their hands where possible	
Players will be reminded to try and not touch their faces while playing	
Bibs will not be used for subs	
No spitting on or around the fields	
Players are discouraged from sharing water bottles	
Players will be reminded to try and not touch the goal posts or corner flags	
If staying at the park, parents/guardians and other spectators should avoid forming groups of ten or more by either waiting in their cars or spreading out around the park and maintaining physical distancing	
Halftime snacks should be discouraged to avoid many people touching the same container or food item	

POST GAME

The following activities are required after a game has been completed.

Post Game	Date Completed
Teams will be discouraged from high fiving the opposition and congratulating them on a good game. Instead elbow bumps would be permitted	
"Three Cheers" celebrations post game will be discouraged	
Players and spectators should leave the fields ASAP upon finishing the game	

PROCESS & SANCTIONS FOR BREACHES OF COVID-19 RETURN TO TRAIN/PLAY PROTOCOL

If the Club becomes aware of a breach by a player, coach, parent/caregiver/spectator, team of our Covid-19 Return to Train/Play policies, a review committee shall be appointed to review any breaches as required by the processes set out. If there are any breaches, the following shall occur:

- If the breach is by an individual player or players:
 - , in the first instance the Coach is able to ask the player to either leave the training (in the event of it being a senior player) or sit to the side of training (in the event it is a junior/youth member).
 - If there is a second breach by the individual, the Coach shall advise the Club of the breach.
 - After meeting to discuss the breach the individual shall be contacted and educated on the process and required to acknowledge they understand what they need to do to remedy the breach and understand the protocols (in the event of players under 16 years, this will be done through parents).
 - If the individual breaches the protocol again, they would be suspended from playing until further notice
- If the breach is by a coach:
 - The review committee will meet to discuss the breach.
 - The coach will be contacted and be educated on the protocols and receive acknowledgement from them that they understand what they need to do to remedy the breach and understand the protocols.
 - If the coach breaches the protocols again a supervisor would attend the next training session to supervise and then discuss with the coach after the session the steps they need to take to meet the protocol.
 - If the breach continues, the coach will be replaced for a period of time until it is deemed that the coach is able to resume their duties.
- If the breach is by a parent or caregiver:
 - The review committee will meet to discuss the breach.
 - The person will be contacted and educated on protocols and we shall receive an acknowledgement from them that they understand what they need to do to remedy the breach and understand the protocols.
 - If the breach continues, the individual will be asked to not attend at the facility until the Alert levels drop to a point where the breach is no longer an issue.