



ELLERSLIE AFC – JUNIOR/YOUTH 2019 PLAYER DEVELOPMENT PROGRAMME

Course Name: **Girls Under 9 – 12's Grade Programme – TERM 1**

Course Ref: **2019_PDP_G9_G12_1**

Details:

- **Start Date:** Friday, 1st March
- **Finish Date:** Friday, 5th April
- **Duration:** 6 sessions
- **Exceptions:** None
- **Times:** Fridays, 5:45pm – 7:00pm
- **Venue:** Michaels Ave Turf Field
- **Who can register?** Invited Under 9 – 12 Girls Only
- **Cost:** \$75.00 (\$60.00 with early-bird discount **only if paid in full by Thursday 28th February**)

Course Outline:

The Ellerslie AFC Player Development Programme (PDP) is an invite only programme that will provide Ellerslie players with structured learning for player development.

The emphasis of the programme will be on skill acquisition and players will learn a variety of skills and habits that will give them the tools to become better footballers in the future. The trainings focus will be on developing the four habits of successful players that have been identified by New Zealand Football. The PDP is designed to complement a players existing training schedule.

The programme will be coached and managed by the Director of Football and Junior Director of Football along with other experienced coaches from Ellerslie AFC.