



ELLERSLIE AFC – JUNIOR/YOUTH DIVISION 2018 PLAYER DEVELOPMENT PROGRAMME

Course Name: **Girls 11th - 13th Grade Programme – TERM 1**

Reference: **2018_PDP_G11_G13_1**

Details:

- **Start Date:** Friday, 9th March
- **Finish Date:** Friday, 13th April
- **Duration:** 5 sessions
- **Exceptions:** Good Friday (30th March)
- **Times:** Fridays, 5:30pm – 7:00pm
- **Venue:** Michaels Ave Turf Field
- **Who can register?** Invited 11th - 13th Graders Only
- **Cost:** \$55 (\$50 with early-bird discount)

Course Outline:

The Ellerslie AFC Player Development Programme (PDP) is an invite only programme that will provide Ellerslie players with structured learning for player development.

The emphasis of the programme will be on skill acquisition and players will learn a variety of skills and habits that will give them the tools to become better footballers in the future. The trainings will focus will be on developing the four habits of successful players that have been identified by New Zealand Football. The PDP is designed to complement a players existing training schedule.

The programme will be coached and managed by the Director of Football and Junior Director of Football along with other experienced coaches from Ellerslie AFC.